



RMHC Impact Research Message Map

RMHC helps families with sick children stay close to each other and the care and resources they need, when they need it most.

RMHC provides vital resources and compassionate care to children and their families being served by leading hospitals worldwide. To date, eleven peer-reviewed, published studies illustrate the importance of the Ronald McDonald House® program in enabling family-centered care.

RMHC helps families with sick children stay close to each other and the care and resources they need, when they need it most.

- RMHC programs keep families near each other and the care they need through the Ronald McDonald House®, Ronald McDonald Family Room®, and Ronald McDonald Care Mobile® programs.
 - **Ronald McDonald House** – serving families who must travel far from home, the House is much more than a room to stay in, it provides comfort, support and resources for families with sick children just steps from the hospital.
 - **Ronald McDonald Family Room** – moments away from a child's bedside, the Family Room provides moms and dads a place to recharge. Families grab a bite to eat, shower and get rest so they can be strong for their child.
 - **Ronald McDonald Care Mobile** – brings medical, dental and health care resources specifically to under-served areas where they are needed most.
- Patients whose families stayed at the Ronald McDonald House were the sickest, traveled the furthest distances, and spent the longest time in the hospital.
- RMHC helps families save more than \$930 million in lodging and meal costs alone alleviating a huge financial burden.

RMHC provides access to quality health care and enables family-centered care.

- RMHC gives families the ability to spend more time with their sick children, to interact with their doctors, and to make important decisions about their children's care.
- Research shows that RMHC and the Ronald McDonald House program:
 - Supports a family's psychological well-being by keeping them close together and providing emotional and physical comfort and support.
 - Enhances the hospital experience for the child and the family.
 - Helps alleviate the financial stress of accommodation needs.
 - Results in better sleep quality for parents which gives them the rest they need to make critical decisions related to their child's care.
 - Helps families cope better and focus on the needs of their sick child when they have support from family members and other families.
 - Gives families who stay at a Ronald McDonald House a better perceived quality of life.
 - Allows children to express their emotions and feel a sense of normalcy in the face of stress and medical trauma through play spaces at the Ronald McDonald House.
 - 40 percent of families served at Ronald McDonald House programs have babies in the neonatal intensive care unit (NICU)
- Our hospital partners agree that RMHC reduces stress and financial burden for families, and helps them deliver the best care possible.

Find more information about [RMHC Impact Research](#) and the unique role RMHC plays in [family-centered care](#) on [RADAR Resource Library](#).